Building Self-Reliance

Course Description:

Working on a great team with great leaders certainly drives performance and success and provides one with the support they need to succeed. The reason that building self-reliance is so important is because there will be times when those you rely on are just not available. This is when you need to have the confidence to take ownership and accountability. The way to do this is to build your self-reliance.

Course Objectives:

Taking responsibility for your work is not only satisfying, but it also helps you gain a quiet confidence in yourself as you take control of your day. It's a great feeling to know that you are capable.

In this course, participants will:
- Understand self-reliance and how to build it.
- Learn the patterns of self-reliance.
- Climb the nine steps to self-reliance.
- Learn the competence/confidence loop.
- Increase self-image to build confidence.
- Take the self-reliance assessment.
- Understand the importance of strengths and weaknesses.
- Help your team to become more reliant on themselves.
- Learn how to think independently.
- Understand the importance of decision-making.